



New

**DIABETES MANAGEMENT PROGRAM**

# Healthier living made easier

Your health and the health of your family is important to EMR. With that in mind, the Diabetes Management program by Livongo is now being offered **at no cost to you** so you can live your healthiest life and feel your best.

## Tools and support, tailored to you:



### Expert coaching

Coaches provide guidance and offer real-time support for out-of-range readings.



### Unlimited strips

Get as many strips and lancets as you need, delivered right to your door.



### A connected meter

The meter provides real-time tips and automatically uploads your blood sugar readings.

## Get started today at no cost to you

Visit [Join.Livongo.com/EMRUSA/Register](https://Join.Livongo.com/EMRUSA/Register)  
or call Livongo Member Support at 800-945-4355.

To enroll in Livongo, you must opt in to at least one program that EMR offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by EMR, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite [Hola.Livongo.com/EMRUSA](https://Hola.Livongo.com/EMRUSA)

Program includes trends and support on your secure Livongo account and mobile app but does not include a tablet or phone.

The program is offered at no cost to employees and covered dependents with diabetes and coverage through the EMR plan.

The device or devices and any components shown are representative examples only. The actual model you receive may be different.